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CONVERGING CAMPUS & COMMUNITY 1 MANISSOURIAN

THURSDAY Jan. 11, 2007 V81 / N15

WEEKENDWEATHER



HI 28 LO 18



HI 31 LO 17

HI 24 LO 6

MONTGOMERY TRIAL

Two hundred prospective jurors have been called up to the federal courthouse in Kansas City. They are to be questioned on feelings regarding the death penalty and what they know about the murder kidnapping case involving Lisa Montgomery, the Melvern, Kan., woman charged with killing Skidmore resident Bobbi Jo Stinnett and cutting her unborn baby from her womb. The trial is set to begin in April.

FRIDAY

Last day to drop a trimester course for full 100 percent refund.

Last date for departmental test-out

SATURDAY

PRAXIS, 8 a.m., Colden Hall, 3rd

Women's and men's basketball vs. Pittsburg State at Bearcat Arena

SUNDAY Late registration ends

MONDAY Martin Luther King Jr. Day

No classes

First installment due

TUESDAY

Intramural table tennis singles begins, 6:30 p.m. in the Student **Rec Center**

WEDNESDAY

Education majors mandatory meeting for fall 2007 student teachers, 3:30 p.m., Union Boardroom

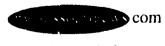
Intramural dodgeball entries close, noon

HEARTLAND VIEW

The new Heartland View Web site is up and running. Check it out at Heartlandview.com

KNWT CHANNEL 8 PROGRAMMING SCHEDULE

Monday-Thursday 7 p.m. Etc. 7:30 p.m. Inside Northwest 8 p.m. Bearcat Update



Visit the web for:

A chance to vote on who you want to win Bearcat Idol next Thursday at the Mary Linn Performing Arts Center. Go online Thursday to see the final results!

-MINIMUM WAGE

City copes with rising wages, prices

By Kristin Summers University Editor

Though the minimum wage increase has only been official for a week and half, it has already started its rippling effect.

Bobby Thompson, owner of Mr. Goodcents, said the local restaurant raised its prices the beginning of the year because of minimum wage. He said restaurants have the choice to either raise prices or cut staff and that the increase isn't helping small businesses.

Other restaurants have raised their prices as well. The Mandarin and Happy Garden have both raised their prices since the year

Sharon Ye, manager of Happy Garden,

said prices have gone up because of minimum wage this month. However, the increase isn't the only reason why The Mandarin's prices have increased, said Shuwen Ye, owner of both. Distributors pricing also plays a role.

"Everything went up, it's not just us." Shuwen

Though some restaurants said their prices increase at the beginning of the year due to minimum wage, others will not comment on the correlation between the two.

Local restaurants are not the only busi-



a sign on their door to let patrons know of the membership increase. However, there are still complaints about the price, Crawford said.

of the increase so far.

The Maryville Com-

munity Center raised

their memberships fees,

employee at the center.

The center put up

nesses, the increase is not affecting Maryville city jobs, City Manager Mike Rietz said. Sean Burge, the executive director of Nod-

Even though it's affecting local busi-

nesses feeling the brunt away County Economic Development, said since the consumer price index went up as well as minimum wage, prices in businesses will continue to rise with minimum wage.

"It affects every county the same," Burge Megan Crawford said, an said.

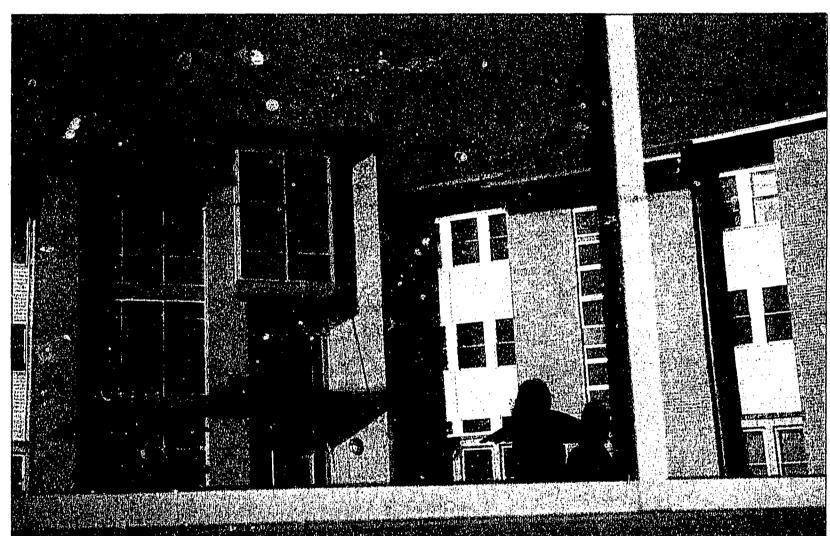
Burge wonders how some families live off minimum wage and questions if people living off minimum wage could have the money to own a house or a car.

He also said the government has to do something because the increase isn't keeping with inflation.

"The fact that the minimum wage legislation is tied to the consumer price index, we have a situation where both prices and wages will continue to increase within the state in the in the short term," Burge said.

-UNIVERSITY FEES

HomeSweetHome?



(above) THE TOWER suites offer non-freshmen students the opportunity to live on campus and out of the high-rise residence halls for a now steeper price. (below) WITH THE increase some students are choosing to live off campus for nearly half the price at such apartments as Fox Alley.

Room and board on the rise

By Lindsay Jacobs Asst. Features Editor

't's happened before and it's going to happen again.

Northwest room and board rates have been on the rise for the past several years, and this year is no different. A 7 percent increase will go in to effect for the fall 2007 trimester.

The Board of Regents approved the increase at their December 15 meeting.

Factors causing the rise include inflation, the minimum wage increase, the increase in benefits and salaries of the

dining staff and the increase will help pay fof the debt of residential hall projects.

Ray Courter, vice president of finance and support services, said the process approving the increase began with the Auxiliary Budget Team who had meetings to discuss the issues.

From there they made a recommendation on what needed to be changed. The recommendation was handed out and discussed with the Cabinet, Student Senate and the Residence Hall Association.

see HOME on A6



-POLITICS

Welfare, economy top initiatives

Students, citizens show Iraq concern in light of Congressional control

By Dominic Genetti Senior Reporter

Democratic leaders are entering their new reign of leadership with several initiatives and issues impacting the U.S. economy and welfare.

While minimum wage, homeland security, Social Security and the possible reinstatement of a military draft are some of the large issues, big talk continues to surround the war

in Iraq and the supply of American soldiers.

Not only is this a concern among politicians in Washington, D.C., but it is also a concern of local residents and students. The concern was so large for some the vote for Democratic seemed to be a must.

Northwest sophomore Barry Grass said there just needs to be

"I voted for Democrats because

I'm not a fan of current economic want, I'm not sure who they're going policy the Republican Party has," Grass said. "They pitched the idea to the voter they could do something about the problems voters saw and they need to come through with those promises."

Grass said progress should be a concern as well.

"If they [Democrats] can't make any progress on the issues the voters care about, then I don't even know what that's going to say for the next round of elections in '08," Grass said. "If this Democratic controlled Congress can't get what the voters

to vote for."

However, Northwest senior Katie Cudzilo didn't see much impact in the new developments on Capitol Hill.

"I can't imagine it would be that significant," Cudzilo said. "We only see the media side anyway, so maybe we don't need a change."

Others like Dave Logsdon, an Andrew County resident, believe the country's leadership needed some control.

see INITIATIVES on A6

-COMMUNITY

New principal quest in progress

School Board decides not to renew contract

By Andrea James Chief Reporter

Maryville High School begins its search for a new principal.

The Maryville School Board decided in an executive session to not renew Principal Ron Landherr's contract for the fall of 2007--- '08 school year.

The decision resulted from the district's reevaluation process, Superintendent Vickie Miller said. Miller declined to comment further.

comment.



Marwille High Principal "The district will not

discuss individual personnel," Miller said. Landherr was unavailable for

Landherr has been the principal at Maryville High School for 15 years. During his tenure he has implemented many programs intended to increase communication between the school and its students.

"Ron Landherr deals with pretty much everything that has to do with the school," Miller said.

The Youth Safety Task Force formed last year to increase safety in the high school, according to Maryville.k12.mo.us. This program includes a school resource officer, the chief of public safety, Maryville city manager and many others.

It created rules to make the school a safe environment for the students.

Some of the rules include all doors except the main and west entrances should remain locked, classroom doors should also be locked during class hours, bags and any kind of jackets or coats are to be left in lockers during the school day and cars need to be registered with the high school office and cannot be moved during the day.

The Parent Advisory Team was also established during Landherr's employment at Maryville High School.

This program collects information from the parents, students,

see PRINCIPAL on A6

CAMPUS

CAMPUSBRIEFS

Student-run charity surpasses \$42,000 mark

"Up 'til Dawn", a charity managed by Northwest students, raised \$42,063--\$12,000 more than expected. The charity raises money during the academic year for the St. Jude Children's Research Hospital in Memphis, Tenn. Students participating end this academic year's campaign

to 10, in the Lamkin Activity Center. Preparation for the next academic year will start after the celebration. Anyone interested in "Up 'til Dawn" or making a donation can contact Greek Life Coordinator Angel McAdams Prescott at 562-1226.

with an all-night celebration from 7 p.m. to 7 a.m., March 9

myNorthwest expected to be unveiled Fall 2007

A new personalized Web portal, myNorthwest, will allow students to personalize their page and provide access to cat PAWS, University and personal calendars, e-mail and other services. Installation is scheduled to begin summer 2007 with testing continuing through October and possibly available for students use in November.

New e-mail deletion policy beginning Jan. 18

Under the new e-mail deletion policy, e-mails in the junk e-mail and deleted items folder will be automatically deleted every Thursday of the week. All e-mails in student accounts over 120 days old will be deleted the third week of each new trimester. The policy will affect all University

Counseling Center enters new home

The Counseling Center started moving across campus Jan. 2 to the Health Center, which will be renamed the Wellness Center. The number for the Counseling Center will remain 562-1220. No date has been set yet for the open house.

Art Faculty Exhibit held in Fine Árts Building

Northwest art faculty exhibit opened Jan. 8 in the Olive DeLuce Fine Arts Building gallery. Viewing hours are from 6 to 9 p.m. Mondays, 1 to 5 p.m. Tuesdays through Saturdays and 1:30 to 5 p.m. on Sundays. A reception and lecture will be held at 7 p.m., Jan. 22, in the Fine Arts Building room 224. Craig Warner, an associate professor in the Art Department, found inspiration for one of his primary pieces from a church he saw in Argentina over the summer. The piece

is a 3-D digital illustration. The show will include paintings, large and small scale sculptures, graphic design pieces, prints, paper and fiber art, ceramics, photographs, drawings and digitally-created -CENTER OF EXCELLENCE

Center funding still in question

By Kristin Summers University Editor

While the Louis and Clark Discovery Initiative remains one of the key issues for the Missouri General Assembly this year, it's a toss-up where the funding for Northwest's Center of Excellence in Plant Biologics will come from.

If the initiative passes, Northwest's Center for Excellence would receive over \$11 million, which involves transferring \$350 million of the Missouri Higher Education Loan Authority assets to the Mis- at, Bruce Ferguson, co-founder and CEO souri Department of Economic Develop- of Edenspace, said. Edenspace would ment, \$335 million of which would fund like to move to another state soon but around 20 college construction projects that there is no set deadline of when, throughout the state primarily dealing Ferguson said.

with science. Although Vice President of Finance and Support Services Ray Courter said hasn't thought about alternative funding, he hasn't given up hope that the initia- Courter said. tive will pass, President Dean Hubbard isn't sure it will pass due to "Missouri's Right to Life" opposition. "Right to Life" worries the buildings built with the initiative would provide a home for stem to Northwest back in December of 2005.

City Star. The initiative has followed a bumpy road the past year, with Attorney General Jay Nixon threatening individual members of the MOHELA board with lawsuits if they voted for the Initiative. The measure passed, but not before Gov. government matching with construction Matt Blunt, changed his plan to require

final legislative approval. With the initiative going to the General Assembly this year, Blunt has recently proposed having a special session for the initiative but according to Missouri District 4 Rep. Mike Thomson, Blunt had not made a decision as of press time.

date when the initiative would be dis-

Edenspace, which uses plants for environmental protection and renewable fuels, is still the company Hubbard hopes happens," Hubbard said.

Two other companies, a French company and an U.S. company have taken interest, but Hubbard has not encouraged them to come to Northwest because of the funding situation.

"It's not fair to people to get their hopes up if you can't deliver," Hubbard

Virginia-based Edenspace has not made a decision on whether it will come to Northwest, and is still collecting information about the states they are looking

If the initiative doesn't pass, nothing waits to take its place. The University

Should Edenspace decide not to come to Missouri, it would be the third major company of its kind to pass up the state. Ventria Bioscience decided not to come cell research, according to The Kansas Chlorogen Corp. walked away from Southeast Missouri State University in Cape Girardeau.

> Whether Edenspace decides to travel to the Midwest, the University is not going to spend any more money, Hubbard said. The University has spent \$4 million in

Northwest finished the exterior construction of the center, Hubbard said, leaving the half of the building open for a company to move in, so they have the opportunity to design the inside. The other half of the building will be

for classrooms and labs, which Hubbard Thomson said there was no specific said Northwest would like to build on. If Edenspace declines, the University will wait for another possible anchor com-

> pany to come along. "We just have to wait and see what

van service acresate location in Maryville Friday and Saurday medits only

Missolkeite

Kain (2) An brach die totte brief ein heit (ein fate)

UNDER THE SEA



THIS ART piece called "Lobster", by Laura Kukkee, sits on display in the Olive DeLuce Fine Arts building as part of the first show of the trimester. The show, which features pieces produced solely by faculty, will be on display from 1-5 p.m. through Saturday

Day of service honors King's contributions

Features Editor

Let freedom ring by volunteering to honor the civil rights leader's birth on Martin Luther King, Jr. Day.

More than 80 Northwest and Missouri Academy students will spend their vaca- Arts Center. tion day participating in service projects on Monday

"I believe it is a tribute to Martin Luther King, Jr. and a way for students to honor and give back to the community this year," said Amy Nally, Northwest's coordinator of volunteer programs and service learning.

The volunteers will split into five groups with designated leaders to focus on projects in two shifts from 9 a.m. to noon and 1 p.m. to 4 p.m. Projects include restoring the walking

trails for the Maryville Parks and Recreation Department, cleaning the Nodaway County Historical Society Museum, stocking shelves at the Ministry Center, removing decorations at Maryville's Winter Wonderland display at Franklin Park and restoring monuments at Pioneer

to spend the day while getting to know to the community," Nally said.

other students involved and the people whose lives are affected," said Abby Stephens, graduate assistant of Greek Life and a past volunteer.

Preceding the service day is the traditional celebration for the public at 6:30 p.m., Sunday in the Mary Linn Performing

"The celebration is a way students and community members can have a chance to integrate through a tribute," Nally said.

Eugene Field Elementary School students will display their drawings of heroes while Northwest Gospel Choir and Praise Dancer and the Gospel Community Choir of St. Joseph will provide musical performances.

Also readings of works and excerpts from King's "Letter from the Birmingham Jail" will contribute to the celebration of

Students can sign up at the volunteer office in Campus Activities by calling 562-1954 by 5 p.m., Thursday. However, additional students may sign up Friday if there is available space in groups.

"Students are lost at Northwest and provide no real benefactor to the community besides attending school, but through "It's a really good and rewarding way the service day, students can bring more

COMMUNITY

MISSOURIAN www.nwmissourinews.com

New plant spikes costs

By Andrea James Chief Reporter

New limits from the Department of Natural Resources will force increase of water prices, as the Maryville administrators to build city is trying to accommodate for a new sewage wastewater plant in

The new sewage plant is in response to the DNR's new limits on immonia that will take affect in 2008. It will increase the ammonia limits to two millimeters per liter May part of the capital improvement through October and 3.9 millimeters plan. per liter November through April, City Manager Mike Rietz said.

"The message is that our current treatment facility cannot meet these limits," Rietz said.

Maryville has three years to come into compliance with these make, and we need it for operations new limits. As a result, residents are seeing an increase in their water and sew-

age bills in recent months. The price of water has increased 10 percent in November due to the in Maryville, but not the actual rates construction plans for the sewage Empire District Electric Co. charges plant, Rietz said. Sewage costs also its customers, said Amy Bass, direcincreased in December from 73 tor of corporate communications for cents per 100 cubic feet to \$1.49. For Empire District. example, a typical water bill might increase and near \$100 after.

"The new sewer plant will cost somewhere in the neighborhood of \$12 million. We raised the rates to pay for the design engineering so we don't have to borrow the money the customers exactly what we purto do that," Rietz said.

Maryville plans to begin conplant east of Maryville where the June 1 according to Aquila.com.

By Marcus Meade

their pockets.

Midland Empire.

Troop 305, agrees.

They're at it again.

With boxes in hand and smiles on

faces, the Girl Scouts of the Midland

Empire will once again embark on a

mission of munchies—a project that

gives them more than just money in

empower the girls with courage,

confidence and character," said

Jennifer Archdekin, director of com-

munications for the Girl Scouts of the

Sheila Kizer, a co-troop leader of

"The friendships that they build

While character building and

while in Girl Scouts, the teamwork,

personal skills are important to the

it's unbelievable," she said.

"We're striving now to really

current treatment facility is located. Director of Public Works Greg Decker also attributes an increasing population in Maryville to the

"There are new state mandates on water, a capital improvement plan and plans to build a new water tower," Decker said.

The new sewer plant is also a

Maryville has done some initial planning to determine what their needs are for a water tower and also potential locations, Rietz said.

"On the water side we have some improvements we need to as well. When I say improvements I mean things like putting in water lines and operations are the cost of

doing business," Rietz said. Gas prices have also increased

A new Purchase Gas Adjustcost around \$50 before the price ment on Nov. 20 increased gas prices from 72 cents per 100 cubic feet to

"The charge rates take care of transportation of the product, meter reading and other things. We charge

chase the gas for," Bass said. Empire District purchased Aquistruction of the sewage wastewater la's Missouri natural gas systems on

troops overseas, Kizer said.

"Each girl gets 18 cents per box

in cookie credit to use for uni-

form pieces and camps and other

Empire sold 242,172 boxes of cookies

last year and are setting their goals

much higher for this year. This year

with roughly 4,000 girls participat-

ing, balances out to 500,000 boxes of

cookies sold. That would more than double their sales from last year.

lenging feat. Archdekin said that for

the first time this year all Girl Scout

a new cookie—the Lemonades—a

on Jan. 12, and the sale will con-

tinue until late April or early May,

The girls will begin their sales

emon iced shortbread cookie.

They have a couple tricks up their sleeves to accomplish this chal-

their goal is 125 boxes per girl, which,

The Girl Scouts of the Midland

Identifying different strains of bacteria is becoming increasingly difficult as Girl Scouts kick-off bacteria change over time, but a feature of identify new strains of bacteria as well. The system was purchased from bioM-

of known bacteria.

assists St. Francis

form of Antimicrobic Susceptibility Test-

ing (AST) to detect low-level microbial Community Editor It's about the size of an giant micro-The AST allows physicians to pin-

wave. It just costs a lot more. point the exact antibiotic necessary to St. Francis Hospital and Health Serdeal with any bacterial infection, rare or vices made an attempt to keep pace with otherwise. changing technologies with its purchase of "It (bacterial infection) can be anythe Vitek 2, a bacterial analysis system. where on your body, from a wound to a

urinary tract infection, but it can only be "It's a field that changes quite a bit so it will be good to get up to date," Laboraa bacterial infection not a viral infection," tory Director Tim Hurst said. Hurst said. Hurst also stated this model is faster Hurst said that the Vitek 2 tests unknown forms of bacteria by comparing than the previous system, which will help

LAB TECHNICIAN Julie Carmichael stands next to the Vitek 2 which helps St. Francis

Machine upgrade

technicians determine exact antibiotic needed to treat bacterial infections.

their genomes and species to a database with the 500-600 microbiology tests St. Francis does each year. He went on to say that the system itself was purchased from bioMerieux for

roughly \$65,000, but it was the generosity the new testing system allows doctors to of Maryville that made this possible. The money for the new Vitek 2 was raised during the 2006 Tobin Benefit Golf Classic held in May.

The money raised went to the St. Fran-

COMMUNITYBRIEFS

Missouri Department of Health prepares for possible pandemic

In preparation for a major influenza pandemic, the Missouri Department of Health and Senior Services has recently developed. a booklet to educate communities about pandemic flu. The booklet, entitled "Preparing for Pandemic Flu: A Commu nity Guide," was released on Jan. 4 with the intention of educating its readers and also helping them have a plan if a pandemic does.

Free copies of "Preparing for Pandemic Flu: A Community Guide" can be ordered online at Dhss.mo.gov or by calling (573)

Workshop offered to certified crop advisors in four-state area

A Northwest Certified Crop Advisors Workshop is scheduled

or Jan. 16 and 17 at the Stoney Creek Inn in St. Joseph. The workshop, which is offered to Certified Crop Advisors from Iowa, Missouri, Kansas and Nebraska, is an opportunity to earn Continuing Education Units in Nutrient Management, Soiland Water Management, Crop Production and Pest Management. Guest speakers have been invited from surrounding universities and the professional sector.

The workshop costs \$175 per person. Proceeds will go toward the costs of the different programs and providing food. If interested contact Bob Kelly, University of Missouri Regional Agricultural Business Management Specialist at (816) 279-1691.

New Christian academy will open in Maryville

Beginning this fall, a new school will be provided for the education of Maryville children.

The Academy for Christian Education, a not-for-profit organization, will teach children from pre-kindergarten to third grade. The academy will use one teacher and two volunteers with a maximum of only 30 students so they can take an individual teaching approach.

For more information on The Academy for Christian Education call school director Joanna Trueblood at (660) 582-5721 or e-mail her at joanna_true@hotmail.com.

Program to encourage students to take demanding curriculum

Missouri has been selected as one of the first four states to implement the State Scholars Initiative (SSI), a program trying to encourage high school students to take more

Four school districts, two in St. Louis, one in Houston, Mo, and one in Mexico, Mo., have been chosen to begin this program in 2007. A total of \$300,000 dollars will be split between the four districts over two-years to fund this

The initiative is designed to prepare students for college by requiring four years of English, three years of math, three years of science, three and a half years of social studies, and two years of a foreign language.



Welcome Back Bearcats Sunday Eucharist 11:00am

Call Jody Strauch at 562-1823 or Rev. Mike Kyle at 582-5832

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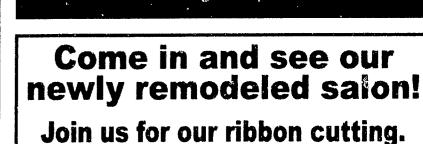
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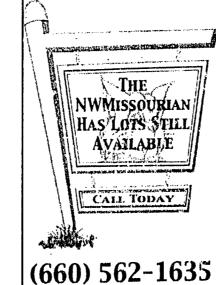
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One Tan - \$4.00 Seven Tans - \$22.00 Five Tans - \$17.00 Ten Tans - \$27.00 30 Day Unlimited - \$30.00 60 Day Unlimited \$50.00











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Make resolutions count this year

Resolutions can be as pointless as Kevin Federline's singing

They may seem like a good idea, but in the end it may be best to just forget they even exist.

Some of us at the *Missourian* are resolving not to resolve things we'll never accomplish in 2007. Instead of setting outlandish expectations for ourselves of losing 75 pounds or quitting smoking cold turkey, we are going to merely resolve to be happy with what we have and are—something we urge each of you to do.

Now, don't get us wrong, the right resolution with adequate determination is admirable, attainable even. Resolving to send your loved ones more letters or donate to your favorite charity frequently are goals to be commended. But it is time to stop this tomfoolery of trying to magically transform into something you're never going to be because the ball dropped on New Year's.

Life isn't a fairy tale and you're not going to magically transform like Cinderella at the stroke of midnight, so you need to get this notion out of your minds.

Maybe an even more important notion to ponder is why some of us want a fresh start. Save the fact you may have had something traumatic happen to you the previous year, 2006 and all previous years happened for a reason and should be periods of time you are proud of and want to remember.

We spend so much of our time trying to change who we are. We think it's great if you want to lose a few pounds or quit smoking, but why wait for the beginning of the year, put so much anticipation on the resolution and end up failing? If you do insist on setting resolutions this year, the University of Maryland Medical Center Web site has some tips for keeping them—even if for a few weeks

"Focus on realistic goals with measurable results," said Jill Rach-Beisel, M.D., director of community psychiatry at the University of Maryland Medical Center and an associate professor of psychiatry at the University of Maryland School of Medicine. "You need to break things down into small steps that you can manage."

The medical center also suggests sharing your resolutions with others, avoiding perfectionist thinking and setting goals that truly have meaning to your life.

Instead of trying to lose 75 pounds, try to lose a pound every week. We know Americans demand instant gratification when it comes to things like weight loss and resolutions, but what's the point of aiming to lose an immense amount of weight only to not lose anything at all or worse, gaining it all back because you didn't set an attainable goal and gave up.

All in all, life isn't that bad. Be thankful for what you have and if you really only have five vanity pounds to lose, don't beat yourself up over it. Life really is about wanting what you have.

Even better yet, maybe resolve not to resolve this year, and work on being a better person or being thankful all year long.

-A MINUTE WITH MIKE

The 94th General Session conschools the ability to create a safer vened on Wednesday, Jan. 3 with atmosphere for our children. It deals much Pomp and Circumstance. I was both humbled and excited as I was sworn in as Fourth District Representative and became a part of the body that will strive to move our state ness—making prevention a priority forward and make it a better place for for school safety and with better our citizens. Listening to the speeches given by the House leaders reiterating the schools. This fits very well with past accomplishments and outlining their goals for the coming year, I was reminded of the daunting task ahead and the responsibility entrusted to me protection they need to maintain a by the people of northwest Missouri. disciplined classroom and help them

I thank you for giving me this provide a safe environment conducive opportunity. I especially appreciate my wonderful family, friends and dren and the educational opportunisupporters who made the trip to Jefferson City to share in an unforgettable week. 'In a whirlwind of activities, emotions, and new experiences, there is a realization of how much is to be learned. I will strive to make this new journey fruitful and productive Capitol number (573) 751-9465, by for the people that I am so proud to e-mail mike.thomson@house.mo.gov

As previously promised, I filed a bill on my first official day in office relating to school safety to give our

primarily with the identification of and the sharing of information about potentially violent students and situations, with disaster preparedcoordination of social services with what was listed as one of the priority issues to be dealt with in this session. We must provide our teachers the

ties provided will always be of utmost importance to me. As we begin an exciting new adventure I would like to wish you all a very Prosperous and Happy New Year. You may reach me at my

to learning. The well being of our chil-

or by mail at Room 406A State Capitol Building Jefferson City, Mo. 65101.

-Mike Thomson, 4th District Rep.

NWMISSOURIAN

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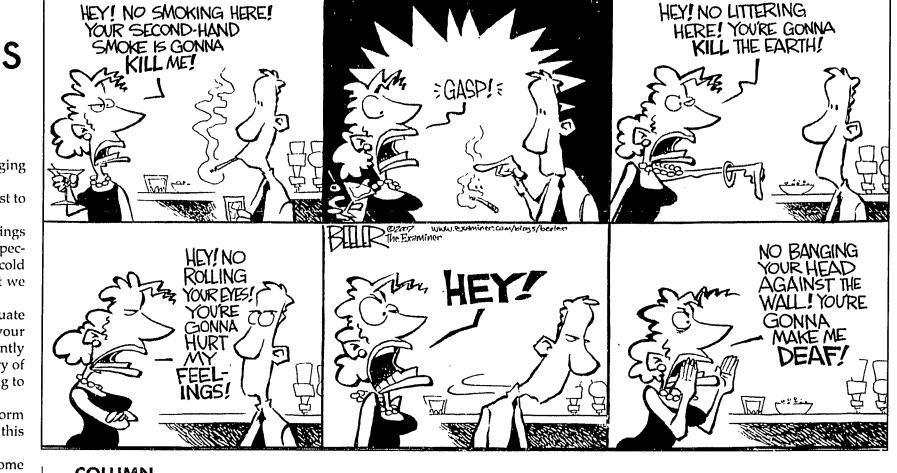
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Campus housing costs rise once more

While most of us were spending time with family, working or "Facebooking" relentlessly over our winter break, Northwest announced a housing rate hike for the 2007-2008 school year. Luckily for me, I've

I was "lucky" enough to experience the joys of living in the

been exempt from on-

two years now.

campus housing for

high rises my freshmen year and in every month. I spent a lot less Roberta Hall my sophomore year. . money on gas for my car, and I pay \$149 more. all bad—on-campus living has its experience like some.

Hall every weekday. getting coffee every nicer, bigger house in the country norning and not hav- and pay the same amount. ing to worry about the

throwing on a hoodie

But don't read my sarcasm as never had a horrible roommate(s)

and sweats and walking a whole 100 feet Maryville and I love it. Last year I from my dorm to Wells lived in a nice apartment complex closets—only wardrobes. just off of North Sixteenth Street I also enjoyed hav- and paid close to \$300 in rent and you the best. You may like the ng an actual meal plan, utilities. This year I live in a much

cially after this latest rate hike.

To live in the high rises next simple inconveniences fall incoming freshmen will pay pus next year my piece of advice is like paying a water, \$200 more per trimester. The Tower electric or propane bill Suites will cost \$158 more, and the Maryville landlords will up their "modified suites" (i.e. Roberta) will

Those of you in the apartments will only pay \$40 more, but con- bound to be more reasonable than Having said that, I must say that sidering you now pay \$426 plus the upcoming on-campus rates.

For example, I I'm not for sure why anyone would utilities—I think you may have to enjoyed getting up five want to stay on campus outside of have some serious reasons to live the required freshmen year, espethere in the first place. You will be paying close to \$500 per month to I live seven miles outside of live in an apartment with up to five others and have bedrooms with no

Maybe on-campus living suits campus atmosphere or you may not have a vehicle to get around in.

But for those of you who have the option of living on or off camto look around first. I'm sure some prices to accommodate for the minimum wage increase and for higher water and gas prices—but some are

-COLUMN

Explosion still a source for inspiration

As a collegiate journalist approaching the halfway point of my career, I've begun to look for opportunities to get my feet wet in the socalled "real world" of journalism.

Over our holiday break, I succeeded in obtaining an internship (my first) at my hometown newspaper

this summer. A small start, but after talking the paper's top editors, I believe new staff under pressure. it could lead to bigger and better

enough for me to brush aside the and the destruction. Mike Dye, student of this industry. lessons I learned during my first our photography editor, hurried

Our first issue of 2006 was our coverage. going to be a pretty standard one,

Evan Young

unlike other students

Facing deadline, we had to However, no matter how memprofessionalism. We sent out two

Back in the newsroom, we kept

seemed pretty quiet Then Wednesday Editor in Chief Stephanie Stangl made a right choice when I chose night rolled around. I don't think any of began to tear apart a nearly com- Northwest, but what I saw a year us in the newsroom that pleted A1 package to create the ago, and in the months since, made evening actually felt the powerful "Fatal Explosion" cover me proud of that decision, plain Hall house explosion—that would jump out at readers—and simple.

on South Alco Avenue, from newsstands the next day. My role that evening was, and Maryville residents. by comparison to my colleagues, But I think I speak for pretty minimal. I offered my help everyone when I say we to whoever needed it, but at the all felt the subsequent time, as someone new to the whole with staff members, along with intensity and adrenaline rush of a process, I could honestly do little more than that.

However, there was one thing handle the explosion with utmost 1 did do. I observed. And what I observed that Jan. 11 is the reason orable an experience this and other of our best writers, Dennis Sharkey why I'm still a part of this orgainternships offer me, it won't be and Sean Comer, to cover the blaze nization, and for that matter, a still up in the air, but whatever

week working for the Missourian, on foot to the scene from a game many levels. Some say we're too that very first deadline. From the one year ago, where the "real at Bearcat Arena to take the jaw- biased, others complain we're moment I saw the final product of world" of journalism came at us dropping photographs that would careless and inaccurate. Others add a stunning visual element to accuse us of being downright mali- I would always bring my best to cious, morbid and insensitive.

as I recall. There wasn't anything our ears glued to the police scansons, but it's hard for me to take unwavering dedication of Jan. 11.

too big happening on ner for any new developments and their grievances too seriously after campus, and the city fielded frantic phone calls from watching the Missourian staff that Laura Widmer, our adviser, and night. I've never seen such dedica-South Alco resident. Meanwhile, tion and hard, hard work. I knew I and Design Editor Kristine Hotop to pursue mass communication at

Our jobs are fun and stressful, valuable and mind numbing. But through it all I've realized that this is what journalism is all about. It's about producing your best, no matter what you have to do or when you have to do it. It's about grabbing some things by the horns, while leaving other, perhaps more desirable things, behind.

Whether I remain in the newspaper business after college is job I take, I know I'll be sure to Journalists are criticized on take with me the things I learned that long night, I told myself that every organization with which I I'm sure they have their rea- work, and constantly shoot for the

CAMPUSTALK

What's your New Year's resolution?



"To save money and go somewhere for spring break." Daniel Venditti Physical Education



"To stay on top of studies." Micayla Miller Elementary Education



"Work harder on my grades and get on the dean's list." Nathan Munyon **Business Management**



"Save more money." Stephanie Noss



"I am from Nepal, so I want to get to know the American culture and lifestyle." Ayush Panta

PUBLICSAFETY

Dec. 14

■Cynthia L. Hunt, 47, Maryville, Kaitlin, Miles, Jenna and Korryn 1987 from Northwest. code violation, 200 block W. McDonald, Leawood. She is also

■ Burglary-attempt, ongoing investigation, 700 block E. Sev-

■Assault, ongoing investigation, 700 block N. Mulberry

Jan. 5 ■Possession of a controlled substance, ongoing investigation,

200 block W. Fourth

Jan. 6 ■Property damage, vehicle, 200 dren. block S. Buchanan

■Kristina J. Bradley, 19, Bethany, 79, Maryville, died Saturday, Jan. Mo., failure to appear, 400 block N. Market Maryville.

OBITUARIES

Ronald Edwin Watkins, 52, Maryville, died Sunday, Jan. and children.

7, 2007, at his home. Coeta (Conrad) Watkins.

High School, Ron served his Shell Grove Club and the Order Ann Michelle Barratt. country in the U.S. Army. He of the Eastern Star, Quitman. had been employed with Whelan Security in Kansas City, as a secubly her parents; one brother, Jimhome; sons, Robert (wife Janice) sas City and St. Mark Parish, rity guard.

Ron was a member of the Purdy; and one niece. Maryville First Christian Church, was awarded the Eagle Scout as a ers, Ronald Sheridan, Shirley, member of Boy Scout Troop No. Mass., and Gary Sheridan, Can-74, and was a loyal Northwest non Falls, Minn.; one sister, Caro-Bearcat Fan.

He is survived by his par- nieces and nephews. ents; two brothers, Bob and Gail Watkins, Jefferson City, Mo., and Jonathan David Watkins, War-

Funeral Services will be at 7-8 p.m. Wednesday also at the 66212. funeral home.

Burial will be at Oak Hill George W. Barratt, 80, died Cemetery, Maryville. Maryville.

Maryville.

Robert John Bixler, 80, Maryville, MO, died Saturday, in Maryville.

He was born July 7, 1926 in Minneapolis, MN to George Bixler and Clara (O'Brien) Bixler. Mo., on March 25, 1926, the They preceded him in death. A 1944 graduate of Geneva, Illinois High School, he received

his bachelor of science degree in Mathematics from Northwest Missouri State University, Maryville in 1948. He married Patricia Ann Bosch on Sept. 5, 1948 in Maryville.

Aviator in the U.S. Navy, Bob was involved in an airplane crash in 1954 in Panama. He was a member of the Maryville First

Christian Church. He is survived by his wife, Patricia Bixler of the home in Maryville, two sons: Stephen Michael and wife, Julie Bixler, Lees Summit, Mo., Timothy Brien and wife, Margie Bixler, Mandeville, La., Grandson, Chad Bixler, Lee's Summit, Mo., granddaughter, Elizabeth and husband, Michael Carr, Washington, D.C., and brother, Gordon and wife, Dorotha Bixler of Boise, Idaho.

Funeral Services will be held at 1 p.m. Wednesday at Price Funeral Home Chapel, Maryville, with a visitation to be held prior to the service, from noon to 1 p.m.

Burial, with full military honors, will be at Nodaway Memorial Gardens Maryville.

Neola Marie Beatty Rauch, 96, Maryville, died Wednesday, Jan. 3, 2007, at Beverly Healthcare in Maryville. She was preceded in death

by her husband, Ora Rach; two

Justin and Jennifer Hansen, Sun-

infant daughters; parents, J.F. and Nellie Auten Beatty; brother, Orlo Beatty and sister, Viola Bower. She is survived by her family: Marjorie and Paul Hansen, Maryville, and their children,

rise Beach, Mo., and Ashley and Stillwater, and continued with Thursday, Dec. 14, 2006 at Heart-Heath Reynolds, Columbia, Mo.; graduate work at the University Don and Debbie McDonald and of Missouri in Kansas City, the Joseph. ■Everett R. Walden, 65, Maryville, their sons, Eric and Curt McDon- University of Missouri in Rolla code violation, 1100 block E. ald, Leawood, Kansas; Miles and the University of Colorado "Mick" and Kayla McDonald and in Boulder. He was awarded the W. Miller and Esther Klaas Miller. the piano and organ and often their children, Jessica, Meghan, Distinguished Educator Award in His mother died in 1918 leaving

> survived by many nieces and and manager of the North- father and grandmother, Louisa his parents and brother, Wyatt. west Missouri Teachers Credit Klaas, raised the boys. Donald A graveside service and Union for over 25 years and was attended public school in Parnell Mary Jane Bennett and her hus inurnment will be held on noon—awarded a plaque of recognition—and then the Catholic school in—band, Levi, Kimberling City, Mo., Friday at Rose Hill Cemetery, for 25 years of continuous service Conception Junction, Mo. He Parnell, Mo. The family will to the improvement of credit attended the high school and meet friends and relatives at unions in Missouri in 1987.

prior to the service. Memorial contributions may American Legion. He earned his be made in Neola's name to the Maryville Public Library Memorial Fund. Children's books will years. He loved to square dance, be purchased in honor of Neola's special relationship with chil-

Vesta Catharine Sheridan, 6, 2007 at Beverly Heathcare in Born Sept.10, 1927 in rural the Penny Press and News Press, Bishop Charles LeBlond. Father Ravenwood to James and Catha-

Visitation was held Tuesday Funeral Services were Mon- St. Gregory Barbarigo Parish in at Price Funeral Home, Maryville. day, Jan. 8, 2007 at Price Funeral Maryville. Roger Watkins, Indianapolis, Funeral Services will be held at 10 Home Chapel, Maryville, with Ind.; niece, Kelli Watkins, Hat- a.m. at Price Funeral Home Cha- a visitation Sunday. Burial was promoted the Legion of Mary. tiesburg, Miss. and nephew, pel. Burial will be in Nodaway at Nodaway Memorial Gardens, In his early years, he and other Memorial Gardens Cemetery, Maryville.

Memorials may be made to George W. Barratt Scholarship Missouri. At other times he 10:30 a.m., Thursday, at Price the American Diabetes Asso- Fund care of Northwest Foun-Funeral Home Chapel, Maryville. ciation, 10580 Barkley Parkway dation, 800 University Drive, as secretary, promoted activities A visitation will be held from Suite 400, Overland Park, Kan. Maryville, Mo. 64468.

Jan. 4, 2007 at his home in

A retired mathematics professor, Barratt taught in Quitman, Jan. 6, 2007, at Beverly Healthcare King City, Hickman Mills, Mo., and 25 years at Northwest in Maryville, retiring in 1988.

He was born in Mt. Moriah, son of James T. and Maude (Hitchcock) Barratt. Soon after graduating from high school in 1943, he served in the U.S. Navy during World War II as a signalman aboard two ships. He was attached to the Navy Armed Guard. After graduating from Northwest in 1954, he received While serving as a Naval his master's degree in 1959, at Oklahoma State University,

He was secretary, treasurer his brother, Wyatt Joseph. Their

Price Funeral Home Chapel in He was a member of the First—and studied theology at Kenrick Maryville from 10:30-11:30 a.m. United Methodist Church in Seminary in St. Louis. Maryville, Host Lions Club and pilot's license at age 55 and loved flying his own plane for several June he celebrated his birthday

In October he learned that he had enjoying opportunities to "call," and won several trophies playing named a Chaplain to His Holipool in Texas where he and his ness, Pope Benedict XVI, receivwife spent winters for several ing the title "Monsignor." years. Additionally he had contributed several personal stories as well as humorous writings to Cathedral on May 30, 1942 by edited several mathematics textwas active in parishes for over 60 rine Holt Sheridan, she was a books and was thought to be a years until 2003, when he retired

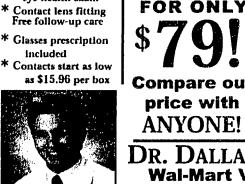
lifetime caregiver to the elderly northwest Missouri historian. George was preceded in Conception Abbey. She graduated from Horace death by his parents; brothers, He was born April 22, 1954 in Mann High School in 1947 and Charles, Warren, Roy; sisters, he served in the Diocese of St. Maryville, Missouri to Doyle and was a member of the United Ella Fay Barratt, Dorothy Still, Methodist Church, Maryville. Pauline McQuerry, Lucille Hol-A 1972 graduate of Maryville She was also a member of the lingsworth, and granddaughter at Sacred Heart Parish, Hamil-

> George is survived by his Springs, the mission of St. George She was preceded in death devoted wife Marjory of the in Odessa, St. Louis Parish, Kanmie Sheridan; one sister, Barbara of Casper, Wyo., Calvin (wife Independence. He started the Donna) of Kansas City, Kan.; parish school at St. John and built Survivors include two broth- daughter, Linda Joyce Turner (husband Richard) of Cherry Hill, N.J.; six grandchildren; two great-grandchildren; one brother; lyn Wilmes, Savannah, Mo., and James Wilbur Barratt of Grandview, Mo.

> > Memorials may be sent to ing in various towns in northwest

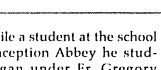
Reverend Monsignor Donald topics for the Maryville Daily **5. Miller**, Conception, Mo., died Forum.

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Huegle, O.S.B. in the 1930's. Always a lover of music he played accompanied the early Mass at St. Gregory's.

He is survived by his sister Helen Fare, Ravenwood. Ryesen Laine Stiens several nieces, nephews, great nieces and great nephews.

He was in his 65th year of Maryville followed by a Legion of ounces. priesthood. There were two spe- Mary Rosary. Wake Service was Grandparents are Gary and Monday, Dec. 18 at the Basilica in Debbie Kinder, Maryville, and Conception. Mass of Christian Burial was 11 a.m. Tuesday, Dec. 19, 2006 at

the Basilica of the Immaculate

born Dec. 12, 2006, to parents Jeff Meyer and Stephanie Lyle Ravenwood, Mo., at St. Francis

Jacob weighed 8 pounds, 13 ounces, and joins one sibling, Dakota Gross.

Why get just a part

Addison Josephine Yates was

NAMISSOURIAN

www.nwmissourinews.com

Grandparents are Harold and

Great-grandparents are Dean

and Connie Hawk, Ravenwood,

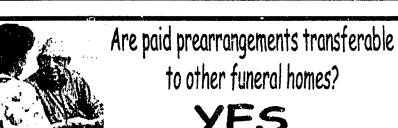
Lisa Lyle, Ravenwood, and Larry

and Louann Meyer, Maryville.

THURSDAY Jan. 11, 2007

> When you get your again bosts offers some on it is ally part of the whole pocture. We know you have t nearly in reason does separamenes by arms and acres on season to be a second of a second o

> > ··· MISSOURIAN

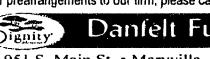


thoughts about where your arrangements were made is not wrong. It's important for you to know that you have the choice of choosing any funeral home, not just the one you prearranged with. Don't be misinformed

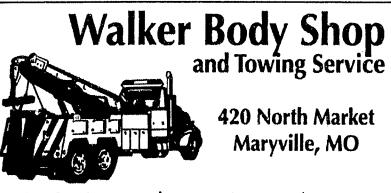
about your policy, know your rights. After all it's your money.

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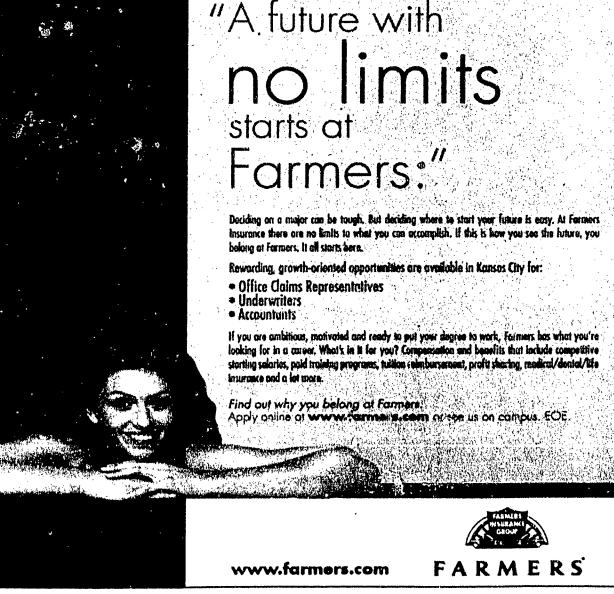




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land Regional Medical Center, St.

in Parnell June 16, 1916 to Wyatt

two young sons, Donald and

college at Conception Abbey,

cial moments of his final year. In

with many friends and family.

received Pontifical Honors, being

Monsignor Donald Miller was

ordained a priest at St. Joseph

and moved to the Infirmary at

Joseph and then the Diocese of

Kansas City-St. Joseph, as pastor

ton, Mo., St. John LaLande, Blue

the first church at St. George.

After he retired from active

pastoral work, he spent the next

15 years as Senior Priest in Ser-

vice first at St. Patrick Parish in

Kansas City and then 12 years at

In all of these parishes he

young priests did street preach-

for youth, and in Maryville wrote

monthly articles on religious

Covering a span of 30 years,

Monsignor Miller was born

While a student at the school of Conception Abbey he studied organ under Fr. Gregory

> Earl and Carrie Margaret Lyle, Ravenwood, Francis and Mary Rose Heflin, Maryville, and Rose He was preceded in death by Meyer, Clyde, Mo. Great-great grandmother is

Ryesen Laine Stiens was born Dec. 12, 2006 to parents Chris and Monsignor Miller's body laid Shelly Stiens, Maryville, at St. in state Dec. 18, 2006 at St Greg- Francis Hospital ory Barbarigo Catholic Church, Ryesen weighed 6 pounds, 9

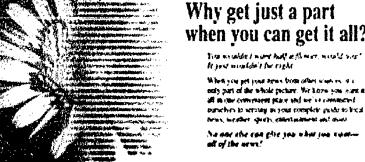
Robert and Joyce Steins, Raven-Great-grandparents are Alice Miller, Lamoni, Iowa, James and Conception, Conception, with Della Stiens, Maryville, and Cecil burial in St Joseph's Cemetery, and Emerita Simmerman, Stanberry, Mo.

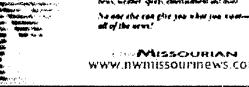
BIRTHANNOUNCEMENTS Addison Josephine Yates

Jacob Michael Meyer

born Dec. 29, 2006 to parents John Jacob Michael Meyer was and Tricia Yates, Maryville, at St. Francis Hospital. Addison weighed 7 pounds, 7 ounces and joins one sister,

> Grandparents are Joyce Tinsley, Maryville, and Tom and Mary Jo Yates, Davenport, Iowa.





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HOME: Housing prices to increase for fall 2007 trimester

2006-2007 approximately

2007-2008 approximately

\$528.26/ month

continued from A1

"We're trying to present what will isn't outrageous, but it's reasonable "And we're answering questions and efficient manner.

taking feedback." ment with it, Courter said they put a to answer students' questions when packet together to be sent to the Board they sign up for next year's housof Regents in advance before the meetings so ON-CAMPUS they could think about it HOUSING COSTS

prior to the meeting. "We always have Forest Village to be six, eight months ahead," Courter said.

Courter said in the market place food prices are rising along with prices of products. Some salaries are also going

mates given the best information we have available, try to make the best informed judgment of what costs will be later on," Courter said.

South Complex Double Occupancy In comparison with other Missouri Institu-\$494.40/ month tions, Northwest falls in the middle group for \$534.12/ month the 2006-07 school year Courter said he doesn't know where the University will fall for next year, but he predicts to be in the middle group \$452.53/ month again. Northwest was probably the first on the \$488.80/ month list to raise rates for next

year, he said. "We've been sort of in the middle, and that's been true for many many said. years," Courter said. "I think the trend again for next year."

Matt Baker, director of Residential increase will hinder contract re-signing. recieve.

"Every year we have to increase the housing rates about the same percentage, ranging from 5 to 8 percent increases," Swopes said. depending on the factors of the year." Baker said. "Our numbers have been will not be changed between now and relatively the same through the last five then, Courter said.

years for room re-sign." Baker said he thinks the pricing

be the fairest option," Courter said. to get students through college in an Rates for the next fall are set early Since a majority was in agree- so Residential Life is better prepared

> can answer incoming students' questions and the Financial Aid staff will be better prepared

to assemble award pack-2006-2007 \$426/ month Provost Kichoon 2007-2008 \$460/ month Yang predicts the increase will not have an effect on students choosing to stay

on campus because of the variety of housing the University offers to students. The increases are causing some students

to reconsider their plans include Roberta and for housing next year. Freshman Missy Kaplinger said she plans 2006-2007 approximately to stay on campus next year even though the 2007-2008 approximately rates are increasing, but

she said she will choose cheaper campus hous-Millikan, Franken, Phillips and Dieterich She said she is choos-Double Occupancy ing to stay because of her 2006-2007 approximately student loan, and the lap top and meal plans that are offered even though she isn't pleased about

> the rate increases. "It's kind of upsetting," Kaplinger

Freshmen Natalie Swope and Lisa of the past will probably hold true Porter said the increase may affect their decision to renew their housing contracts for next year depending on Life, said he doesn't think the rate the scholarships and financial aid they

"It's hard enough to pay for college now as it is, let alone with the

The rates that are set for next fall

TOUCHDOWN!



SPENCER GREELY, 9, plays tag football with his sister Abbie, 7, on Tuesday afternoon. Temperatures reached a high of 55 degrees as of Wednesday afternoon according to the

INITIATIVE: Democrats find same issues to focus on

"Mr. President Bush just kind of needs someone to police him a little bit," Logsdon said.

Custodian Greg Rischer said the focus is in Iraq. "Let the government in Iraq take over and let them hire their own troops," Rischer said. "We should get them all out of Iraq before they all get killed."

A woman will lead congress for the first time in the history of the United States. Nancy Pelosi, a native of San Francisco and a repre-

sentative of California, will serve as the Speaker of the Northwest graduate assistant Amanda Francis said

America is behind in having a woman leader and it was bound to happen. 0 agreed.

"Probably a little late, but I think it's good that it happened," Logsdon said. "She's a great lady." Grass called Pelosi's appointing progressive.

"Hopefully it opens a way that there won't be an issue when a woman is running for vice president or president,"

Since their control of congress began, the Democrats have moved forward with the increase of minimum wage and have discussed halting the sending of troops

PRINCIPAL: Contract not renewed for next year

continued from A1

staff and the community to help solve problems within the school. The P.A.T. wants to promote positive attitudes between students, school staff and parents, according to Maryville.k12.mo.us. It has four volunteers from each grade, including

the previous year's graduates, counselors, student body president and Landherr. "The Parent Advisory Team is intended to be a

community tool," Miller said. An application for the principal position at Maryville high school can be found at Maryville.k12.mo.us/job05. htm. The application deadline is Jan. 29.



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Basketball season is

INSIDE

'Cats continue MIAA play 'Hounds compete in tourney B3 Intramural schedule Stoller / The Vibe

SPORTS

MISSOURIAN THURSDAY | Jan. 11, 2007

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-NW WOMEN'S BASKETBALL



NORTHWEST GUARD Meghan Brue, coming out of a medical redshirt season, is being counted on as a leader both on and off the court. Brue is now a starter for the 'Cats after a back injury kept her away from basketball for a year.

Poised to play

By Cali Arnold Community Sports Editor

Who would have guessed being forced to take a year off would have made such a difference? Probably not even Meghan Brue herself.

After starting the first 11 games of her Northwest career, to hardly playing, to being forced to medical redshirt her second season, Northwest women's basketball sophomore Brue is now a major leader on a team looking play. to make an impact on the MIAA conference. A quick beginning

Brue has been a winner from the beginning.

A 2004 graduate of Underwood (Iowa) High School. Brue's team won back-to-back class 2-A state championships. Brue was at the helm as point guard, not only making the class 2-A all-tournament team, but also being named the class 2-A Player of the Year. Other honors, such as being a member of the all-western Iowa team, first team all-state, first team all-district and first team all-conference were all bestowed upon her.

South Dakota and the University of Northern Iowa recruited her, but Brue decided to make a phone call to

Northwest coach Gene Steinmeyer during her senior

Brue said she made the call, although she was not heavily recruited by Northwest, because she liked the size of the school and the distance from her hometown.

"I came on a visit, liked it, they liked me, and I decided to come here," Brue said. Like her they did, and Brue came out quickly as a

starting forward for the Bearcats in her first season of However, Division II basketball is a lot different than

high school. The nerves were something she decided to use for her instead of against. "I'd rather play with expectations than no expecta-

tions, for sure," Brue said.

Having the chance to practice against then-teammate Ashely Poptanycz was a great help, according to Brue, to make the transition from playing a guard position to a forward. Poptanycz used her experience to teach rebounding and playing strong and confident basketball to her younger teammate.

see POISED on B4

BOUNCING BACK

photo by mike dye I photography editor

JUNIOR FORWARD

Andy Peterson is looking to complete

a relatively healthy

season after facing

injuries dating back to

his junior year of high

Peterson determined to have an injury-free season

By Brett Barger University Sports Editor

Junior forward Andy Peterson says he's never had a good year

Two out of Peterson's first three years have been injury-plagued. During his injury-free sophomore season, Peterson, dealing with lingering pain from a previous knee injury, started only eight games. With two injuries in the first 13 games of the season, Peterson is undoubtedly cautious. After all, Peterson has started

in nine of the team's first 13 games and is third in scoring "Andy brings quite a bit to the table," Northwest coach

Steve Tappmeyer said. Peterson missed four games after spraining his medial collateral ligament in a win over Graceland on Nov. 21. Against Fort Hays State, Northwest's second conference game, Peterson suffered a concussion after taking a shoulder to the head but did not miss any time.

"It's been a grind these last three years, just staying healthy," Peterson said.

After graduating from Class 1 Grundy County, Peterson took part in the Lions All-Star Game, held at Bearcat Arena, which featured standout athletes from around the area. After the game, then Northwest assistant coach Darren Vordebruegge approached Peterson about joining the Bearcats, an offer that he didn't take long to accept.

Before the all-star game, Peterson turned down an offer from Culver-Stockton College in Canton, Mo. and was already enrolled at the University of Missouri-Columbia when he was offered a scholarship to "We had to go through and cancel all of this stuff

at Mizzou. It was late," Peterson said. "Mom and Dad still get letters addressed to 'the parents of Andy Peterson entered Northwest as a reshirt. While

a red-shirt learns the system and practices, Peterson had to dedicate himself to a severe ankle sprain, which kept him out for two months. Things got worse during his freshman year. Halfway through the conference season, Peterson suffered a

torn anterior cruciate ligament in his right knee. Intense rehab over the summer with help from the athletic training staff at Northwest helped Peterson prepare for a healthy sophomore season. Peterson finished the 2005-06 season, averag-

Peterson said the first month of the season was the most difficult for him because his knee started to flare up and lingering thoughts of another injury loomed on his mind.

"The whole first year back from the ACL, I was favoring it. Maybe not consciously, but subconsciously, my body was favoring it. At times, it was hard."

Through the whole thing, when times got tough, Peterson said ne appreciated what Kelly Quinlin, assistant athletic trainer, and David "DC" Colt, head athletic trainer, did to bring him back to the hardwood. Peterson also said his family, teammates and more importantly, his faith kept him positive.

"Everything happens for a reason and I believe that," Peterson Through it all, Tappmeyer said Peterson brings leadership to the team on and off the court.

"Andy is someone who gives us really good leadership. He's got a maturity about him," Tappmeyer said. "Even when he's not playing good, he's not hanging his head or playing frustrated." The potential of another injury doesn't keep Peterson from playing physical, especially as conference season begins to heat

"In this league, if you're not playing physical, you're just going to get burnt," Peterson said. "If you're not playing physical, you're not going to play."

Concussion, junior season (Northwest)

Concussion

and broken

collarbone,

iunior year

(high school)

Torn ACL.

freshman

season

(Northwest)

Sprained MCL

junior season

Sprained ankle,

sophomore year (high

school)

Severe sprained

ankle, redshirt season

(2003-04)

out for two months

(Northwest)

Sore knee,

sophomore

season

Northwest)

By Scott Levine Asst. Sports Editor

-NW TRACK

Track

After having more than a month break, the Northwest men and women's indoor track and field coaches are ready to get back to action. However, the coaches don't know if their teams are

rebounds

from long layoff

Both teams travel to Lincoln, Neb., Friday and Satur-

day. Men's coach, Richard Alsup, said he doesn't know how his team will perform. "We send home suggested workouts, but we have no control whether they do it or not," Alsup said. "The

average person, when confronted with eating and watching TV, doesn't do much. "I don't have an indication on where they are right now, but I'm not holding my breath on them being in

Alsup's team recorded seven top three finishes at the Iowa State Indoor Holiday Classic Dec. 8. Courtland Ingram and Ben McKim each notched second-place fin-

ishes in the pole vault and shot put, respectively. That finish, accompanied with last season's secondplace conference finish, has the Bearcats eyeing a firstplace conference trophy.

see TRACK on B2

-NW FOOTBALL

10 players earn honors

By Scott Levine Asst. Sports Editor

Several members of the Northwest football team earned postseason honors after finishing 14-1 this year. The Bearcats capped off the season in the national title game, losing to Grand Valley St., 17-14.

Seven players earned D2Football.com All-American mention, while 10 players landed on Don Hansen's All-Southwest Region team.

Kyle Kaiser, Thomas Smith and Ben Harness each reached first team All-American, along with first team All-Southwest Region.

Xavier Omon and Reid Kirby were named to the All-American second team. Kirby notched first team All-Southwest Region, while Omon garnered second

Ryan Waters and Mike Peterson each notched honorable mention All-American. Both landed first team All-Southwest Region. All-Southwest Region also named Diezeas Calbert

and Kendall Wright to the first team, and Joe Holtzclaw to the third team.

Men off to 4-0 conference start

By Brett Barger University Sports Editor

Last time the Northwest men's basketball team opened the con-

advanced to the Elite Eight. according to coach Steve Tapp- season, Sullivan is second on the

"It's a process. We just don't per game. know what level we can take this team to," Tappmeyer said.

With a team that boasts four new starters, one thing that has dence in myself," Sullivan said been a pleasant surprise is the after the win over Western. team's ability to come from behind in each of their four conference key during Tappmeyer's tenure, games. Their shining moment but is more prevalent this season. came against defending confer- Through the first 13 games, Northence champion Southwest Baptist. west remains tops in the MIAA in After trailing by as much as 16, 11-2 scoring defense, field goal percent-Northwest came back for an 81-80 age defense and steals. victory on Dec. 9.

quit...that's what I like," Tapp-

Emerging as one of the best in the MIAA is forward Hunter Henry. Henry is the only MIAA player that ranks in the top 10 in scoring (17.6), rebounding (7.2) and field goal percentage (.583). Henry Midwestern State loss, Henry has shown versatility, whether it sprained his ankle and has since be in the post or from downtown. In the loss to Midwestern State, Henry's nine points in the last two minutes tied the game. Northwest everyone healthy. Anything that would fall 72-70 on a last second disrupts the chemistry we've got going right now can really be a

"It's hard to imagine going out there and competing at a high level said. without him (Henry) in there," Tappmeyer said.

While Henry has settled in as an elite player, players like guards challenge the Bearcats. Northwest Lance Sullivan and John Hawkins are contributing after spending the beginning of the season on the bench. Saturday, Hawkins poured in a career high 14 points, including other people's courts and our court three trey's to help Northwest. "When I get open shots, my

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teammates create it for me. I just try and knock it down," Hawkins said after the 69-58 win over the

During the last two games, Sulference season 4-0, the Bearcats livan's late three pointers helped Northwest pull away from Mis-There is more work to be done, souri Western and Washburn. This team in scoring with 11.2 points

"My teammates have the confidence in me, so I was pretty much going to have to have the confi-

at South Dakota Dec. 20 meant Tough defense has been the another nonconference defeat, but to a team with only one loss at the time. Ten days later, a 70-62 road win against MIAA followed closely by a heartbreaking 72-69 loss to then-undefeated "You have to get emotionally Missouri Western. A 71-57 road loss to Washburn finished off the

"We haven't shown much and physically ready twice a week for a game that's going to take your best effort, or you get beat," Tappmever said. For the most part, injuries

"It's important for us to have

big blow to this team," Tappmeyer

After Northwest hosts Pitts-

burg State Saturday and Truman

State Wednesday, the road will

and take care of business," point

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guard Reggie Robinson said.

ity of teams we've played up to this point," Northwest coach Gene Steinhaven't plagued Northwest. Andy meyer said. "It's been one challenge after another." spraining his MCL in a win over Graceland on Nov. 21. In the

break for the 'Cats.

Community Sports Editor

all about.

The Northwest women's

After starting the season

basketball team is finding out

what the MIAA conference is

with a 7-2 record, the Bearcats

began conference play Dec. 9

with an overtime win on the

suffered some setbacks.

the season and are tied for fifth in the night's game at Missouri Southern

"The biggest thing is the qual-

road against then-undefeated Southwest Baptist. However, after a week of finals and during a long holiday break, the team A disappointing 75-48 loss opponent Fort Hays State was coach GENE Steinmeyer instructs the women's basketball team on Tuesday afternoon during

practice held in the Martindale Gym.

Getting it together

loss at South Dakota was the end to eight

"I don't even know what to say about it," Brue said. "We just didn't play well and we got slaughtered." However, winning the first two conference road games of the year is game at Missouri Southern, however, a plus for the team. With five more

Northwest did not let up. The 'Cats currently sit at 9-4 on road games, not counting Wednesday To get ready for the rest of MIAA play, Brue said the team had two-a-(outcome not available at press time), day practices before school started Guard Meghan Brue said the winning is crucial to go along with Monday, including early morning some confidence."

Northwest will be at nome Saturday for a 1:30 p.m. matchup against Pittsburg State and will host Truman State at 5:30 p.m., Wednesday.

he sluggish offense.

shooting to get over the scoring slump it is currently in.

16 points against Fort Hays

State, Missouri Western and

Washburn, respectively, to

be the bright spot offensively

for the 'Cats. Steinmeyer

said the play of the women

off the bench is another plus

for his team to balance out

Brue scored 18, 31 and

The mediocre play over the break isn't going to stop the 'Cats from playing out the rest of the season with high hopes. "Basketball's such

funny game. You can gain confidence and lose your confidence in a heartbeat," Stein-

meyer said. "Within a half of basketball you can go from a team who thinks they're 10 feet tall and bulletproof to one who doesn't know if they'll ever get another win, and that's what basketball's all about. Right now we have to be at the latter instead of the former. So we've just got to climb out of the hole and get

TRACK: 'Cats build from earlier meet; venture to Lincoln

continued from **B1**

Co-captain John Bullock said experience, meshed with new talent, could make for an exciting season.

"The team is much stronger than takes on No. 3 Central Missouri and then turns around to play No. conference championship." "We've got to be able to go to Along with Bullock at the 400, co-

look to add experience to this year's top teams a run for their money." ndoor toom Aleun said Adio should Young Regrents compete well in the high jump and triple jump, while Pohren started the women must adjust to a long layoff year with a third-place finish in the without much experience.

3,000 at the Holiday Classic. During last season's trip to Lin-

place finish in the 3,000. Senior co-captain Eric Isley fared well at Lincoln last year with a first leadership must come from underplace finish in the 800.

"From a team standpoint, expectations are focused on a conference last year," Bullock said. "If we can do championship," Alsup said. "We got a little better, we can compete for a second last year in indoor, but by the end of the meet, it wasn't that close. "Certainly with this group it is

Along with the men's team, the Classic.

The Bearcats feature 10 upperclassmen with only two seniors. Kim

"All sophomores need to display leadership," Lorek said. "They have been doing it all fall and people have Churchman's triple jump landed her been dependent on them. They need fourth place.

Women's coach, Scott Lorek, said

lone seniors on a roster of 41.

to be a good group."

more home conference contests.

Steinmeyer said the home loss

to Washburn might have been the

toughest the team faced over break.

Between the loss and Wednesday's

Sophomore Johanna Avilez curcaptains Matt Pohren and Bayo Adio reasonable to expect we will give the rently holds the school record in the great," Honeywell said. "Now that I 60-meter hurdles and finished sixth know the ropes I am more confident at December's Jowa State Holiday indoors."

Cassie Sherlock garnered the women's best finish in Ames by plac-Lorek expects his team to do well

this season after getting back into meet

"The first meet back, we don't expect great things," Lorek said. "You get used to not competing, so you have

to make adjustments mentally and Lorek said adjusting to the indoor

men running indoors," Lorek said be competitive every meet.' about his 18 freshmen. "Sometimes"

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Along with Sherlock's second place finish, four other Bearcats finished fourth at the Iowa State Holiday Classic, Brandi Honeywell notched fourth in the long jump, while Emily

"In the past, I had not performed well indoors, but the first meet went

Loemker and Hannah Henry notched fourth-place finishes in the weight throw and the 60-meter hurdles, respectively.

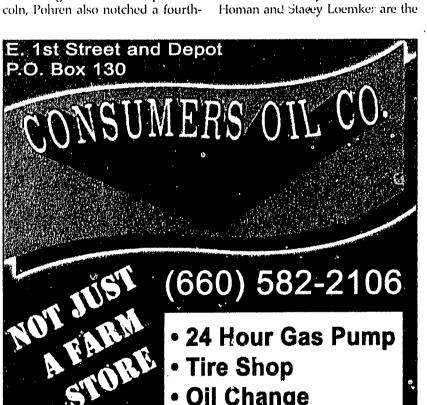
Although Karah Spader is out with an Achilles tendon injury, the Bearcats are healthy heading into the

Healthiness, coupled with continued experience, may bring good potential in the Bearcat's coming "If we stay healthy, we can build

track may also be difficult for a young for the outdoor season, and we may break some records along the way," "It is a big adjustment for fresh- Lorek said. "I just want our team to

Both teams travel Friday to Linthat adjustment doesn't happen until colo for the Holiday Inn Invite.









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Both squads tip off at Savannah tourney

By Sam Robinson Chief Reporter

Both Maryville High School basketball teams are in the midst of a busy week as the Savannah tournament tipped off Monday night.

While the young girls' squad stumbled out of the blocks Monday night in the form of a 52-34 loss to St. Joseph-Lebond, the boys took the court at 9 p.m. Tuesday as they and Savannah treated the tourney crowd to a thrilling overtime

The Spoofhounds would ultimately come up short falling 56-53 to the Savages. The game featured the 'Hounds rallying back from a seemingly insurmountable 17-point deficit to force

Assistant coach Ryan Tool thought the team showed a lot of determination in coming back in the second half, but getting down early in overtime and having its leading scorer foul out soon after was too much to overcome. •

"Andy Walter fouling out with two minutes remaining was a big loss offensively," Tool said. "We were trying to play catch-up and shifted into full court pressure and we just couldn't get that last basket we needed."

Walter's presence was missed as the junior scored 17 points prior to his exit in overtime.

The 'Hounds came out firing early, notching a first quarter lead, but that quickly evaporated as the Savages defense took the 'Hounds out of their rhythm. Four three pointers from reserve Travis Partridge helped give Savannah a 12-point

Maryville's struggles continued as the Savannah lead ballooned up to 17 points in the third period before Walter and the 'Hounds stormed

Date Activity

1-13 Varsity wrestling

1-16 JV/V wrestling

JV wrestling

F/JV/V boy's basketball

1-18 F/JV/V girl's balketball

1-19 F/JV/V boy's basketball

1-20 JV boy's/girl's basketball

1-23 F/JV/V boy's basketball

JV/V wrestling

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Behind Walter's dribble drives and penetrato a 19-8 run to close out the first half. tion leading to several successful free throw opportunities, the 'Hounds forced a 48-48 deadlock at regulation's end. Stephen Staashelm and John Hart, who scored 10 and 12 respectively, also helped Maryville close the gap.

"My shots weren't falling from three so I ended up shooting all from the inside after that." Walter said. "I got fouled a lot and took what they gave me. We fought back in the second half but we just couldn't quite finish it."

Savannah outscored the Walter-less Maryville the year. squad 8-5 in overtime. The loss dropped the 'Hounds to 5-5 on the season.

Over the holiday break the team traveled to Liberty, Mo., for the William Jewell tourna-

Maryville was matched against bigger schools in Truman and St. Pius X. Bigger being the key word against Truman as Maryville faced 6-foot-10 center Steve Moore who scored 19 points and brought down 13 rebounds. The 'Hounds fell behind 28-14 at the half and despite a 21-point third quarter, lost 63-43. The following day brought Kansas City's St. Pius X. The 'Hounds played the Warriors within nine in the first half but ultimately fell 64-42. Walter led all scorers in the game with 17.

Maryville plays their second tournament game today against the Winnetonka JV team at

On the girls' side, the woes continued as they opened the tournament with a 52-34 loss to St. Joseph-LeBlond Monday night.

For the majority of the first half, the 'Hounds period forced many Maryville turnovers leading the end."

F/JV/V girl's basketball

F/JV/V boy's basketball

F/JV/V airl's basketball

F/JV/V boy's basketball

JV/V wrestling

1-26 F/JV/V girl's basketball

1-29 F boy's/girl's basketball

Dr. Rodney Smith

1206 S. Main Maryville, MO

1-25 JV/V wrestling

1-27 Varsity wrestling

1-30 JV/V wrestling

The second half saw an improvement on defense but by then the deficit was too much to

"We played OK for three quarters but really struggled in the second," coach Grant Hageman said. "They pressured us on defense and we had a hard time getting into our offense. We just couldn't rebound from the it."

The loss marked the second of the season to the Eagles and dropped 'Hounds to 2-10 on

Over the holiday break Maryville fared slightly better with the team going 1-4 over the three-week span.

The 'Hounds were plagued by turnovers and sub-par shooting at the LeBlond tournament in December, Hageman said. Maryville fell to East Buchannan in the first round 49-39 and narrowly lost to Falls City (Neb.) the next night. The team opened 2007 with a 58-29 loss to conference foe Lafayette last Thursday.

Their lone win over the break came over Clarinda (Iowa) on Saturday in nail-biting fashion. With under a minute remaining, junior Leah Wilmes sank one of two free throws to break the tie and give Maryville a 46-45 advantage that they would preserve to notch their second win

Hageman is seeing improvement from his team especially on the defensive side during a difficult portion of their season.

"We're trying to get better every single day," Hageman said. With three games in four days, this is the tough part of our schedule. We're kept pace with the Eagles with the score as close a better defensive team now than we were in as 16-14 at one point. But the constant pressure November and we still got half the season left applied by LeBlond throughout the second and we want to be playing our best ball toward

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addition to the Harrisonville tournanah on Dec. 20, and St. Joseph-Benton and Lafayette last week.

Against Savannah, Maryville lost day.

-MHS WRESTLING

Warriors edge depleted 'Hounds

36-33, notching several individual

victories in the close defeat. Robertson

pinned his opponent in a lightning-

quick six seconds, while Merrill and

215-pound Lancaster also won their

matches. The next week Maryville

lost 56-24 to what Drake considers a

Maryville got its first victory of the

season in convincing fashion, 50-30.

The largest 'Hound, freshman Jason,

Davis, got the quickest victory of the

meet in pinning his opponent in 37

seconds to improve his record to 12-1

streak to an extensive wrestling back-

ground and good coaching at his new

years," Davis said. "My coaching has

helped me, too, along with the kids

At the Harrisonville tournament

team meet dominated by class two

and three schools. Yet in a gym filled

one of the smallest ones in freshman

Dannen Merrill, Merrill finished first

in the 119-pound division by defeating

his opponent in 3:44 to improve his

record to 10-3. Robertson would finish

Merrill believes the team is finding

"We were kind of slow at the start

but we've picked it up and have been

doing better and just listening to the

second in his division as well.

its stride as the season wears on.

Davis attributes his early winning

"I've been wrestling for nine

on the season.

out a lot."

level of competition.

Two days later versus Lafavette,

much-improved Benton team.

With two wrestlers from the starting lineup sustaining injuries Saturday in Harrisonville, the Maryville High School wrestling team faced a challenge in Chillicothe.

The Spoofhounds ended up failing to the Hornets 46-36 Tuesday night and missed several opportunities along the way.

"It was a very winnable," coach Joe Drake said. "We just didn't take care of things when we needed to. We weren't aggressive in matches where

we led. We wrestled too passive and kept getting caught making foolish Without 140-pound junior Dakota Merrill, who suffered an elbow injury

at Saturday's meet, and 189-pound Luke Lancaster, who was out with a shoulder problem, other starters. I wrestle in practice. They help me needed to rise to the occasion. Two who did so were 171-pound

senior Cliff Robertson, a 2006 state on Saturday, Maryville was one of qualifier, and junior Tenner Archer. only two class one teams at the 15-Robertson pinned his opponent to take the victory and Archer aggressively went after his man from the outset - with big schools and big wrestlers, and pinned his opponent within two the 'Hound who shined brightest was

Drake would like to see more focus and aggressiveness from his team in the near future.

"We'll need more energy, right now taking care of business as it comes along," Drake said. "We're worrying about who's not in the lineup and we're not overcoming the difficulties

The loss drops the 'Hounds' record to 1-3.

coach," Merrill said. "Like against Over the holiday break, the team Lafayette it was really close in some spent plenty of time on the mat. In of them (the matches) at the beginning and then we just started pulling ment last Saturday, they faced Savan- away.'

Next up for the Hounds is the Plattsburg dual tournament Satur-



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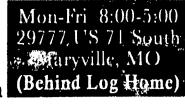
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-COLUMN

Celebrate newest inductees

POISED: After year off Brue leads team on and off the court

list of names that made the Baseball Hall of Fame Tuesday, a trend can be

The end of inno-

cence. Cal Ripken, Jr. and Tony Gwynn finished with the third and seventh highest voting percentages of all time, when the biggest story was: Will Mark McGwire get in?

are two of the last players

continued from B1

A turn for the worse

rather have been playing.

didn't go as well as it started.

The end of her freshman year

Brue went from starting to

"It was really—not miserable,

but it wasn't very much fun," Brue

said. "I learned a lot my freshman

year, just about everything in gen-

much like the previous one ended.

After trying to play through the

pain in her back, Brue was forced to

Steinmeyer said it was probably

the best that that ever happened,

a game and not being able to play.

It kills me. It makes me cry. If I sit

there and don't play I get tears in my

eyes. I hate it. It was really hard. I

Doctors never figured out for

didn't enjoy it at all."

"It was really hard, really really

although for her it was miserable.

Her sophomore year started

on the player's spirits. She would in a row.

hardly playing, which took a toll

Ripken and Gwynn

ing the purest swing and a National Leagueand both were clean. Ripken's head didn't

Brett Barger

to walk or sleep.

Starting anew

the case

hard." Brue said. "I hate watching type of player who can carry us."

back. The cushioning between disks I did after my freshman year," Brue

in her spine wasn't right, and it is said."...I still had the desire to play,

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After much rehabilitation in the

Northwest fitness center, as well as

with doctors in her hometown, Brue

said the pain now only returns after

numerous days of tough practices

for the returning sophomore.

be rusty, and Meghan was rusty.

But she's not rusty anymore

Brue is now one of the starting

playing days. Ripken's consecuin the "steroid age" that carried the the last celebrated milestone that has game with grace and elegance. Both no questions behind it. Gwynn had to go through this," Ripken said. Ripken and Gwynn had 3,000 hits. a chance to bat .400 during a strike-

by his major-league players also stayed with one team—a thereof, on Capitol Hill. Performance record 2,632 consecu- fact that should be celebrated in a time enhancing substances or not, McGtive games. Gwynn where players leave a team before wire's career numbers do not give him was known for hav- they get started. In an ESPN.com article, Gwynn

acknowledged that players knew of tying eight batting titles performing enhancing substances. "In the late 1980s and early '90s, we had no rules," Gwynn said. "We suddenly grow a full knew, players knew, owners knew, hat size and Gwynn everybody knew and we didn't say McGwire. ate a few hot dogs in his anything about it."

Ripken expressed more regret for what baseball has endured in trying not have done, players like Goose tive games streak was to clean up its image.

"It saddens me that baseball had McGwire has buried his chances enough for enshrinment.

If you look at his career, what is he known for? 1998. His 70 homeruns shattered a 37-year record. If the writers elected players for their memorable career milestones, then Roger Maris should be right behind

So, instead of focusing on McGwire and the things he may or may Gossage, who was a closer before being a closer was fashionable, need to be put in the hall where they belong

> trimester's line-up. Graduate Assistant Cody McDowell said that new sports give students variety. "We like to rotate our activities," McDowell said. "We keep the main ones like basketball, volleyball and bowling, but depending on participation, we may try something

-INTRAMURALS

By Scott Levine

trimester.

intramural list.

Asst. Sports Editor

The campus recreation staff

Along with traditional favor-

is providing something different

to Northwest students second

ites, basketball and volleyball, three

new sports have been added to the

an intramural activity, is making a

comeback, while court soccer and

tube water polo, are new to this

Ultimate Frisbee, previously

'Spice of life'

New intramural games offered

same as racquetball, except players

kick a soccer ball, as opposed to

Court soccer starts in March,

while ultimate Frisbee makes its

comeback in April. Tube water polo,

body is in a tube, begins in April.

played like water polo except your

No matter what sports are being

added, students flock to basketball

and volleyball during second tri-

mester. McDowell said these are

the most popular sports and they

gain attention from fraternities and

Derek Smith, a member of the

"If we know about intramurals,

The larger sports are split into

Despite basketball and vollev-

The fall season totaled 1,974

"We get really good numbers

The intramural season opens

For more information on intra-

Tuesday, and with 11 sports offered,

there shouldn't be much trouble

finding a likeable sport.

noon, Wednesday, Feb. 28

Thursday, March 15

■Volleyball—entries close at 4 p.m.,

Wednesday, March 14 and 4 p.m..

■Ultimate Frisbee—entries close at

Bench press-7 p.m.-8:30 p.m.,

■Tube water polo—entries close at

Advertising

noon, Wednesday, April 4

mester tallied 1,830. McDowell said

this happens because the popular

for basketball and volleyball, but

they don't have as many people,'

McDowell said, "But the spring

require more players.

sororities."

TKE fraternity, said intramurals

then we most likely will join,'

Smith said. "We like participat-

ing and we're pretty open to any

four divisions of fraternities, sorori-

play a big role in fraternities.

sport.

using a racket.

The regulars

different." Introducing new sports New sports are developed different ways. In one instance, the

ties, men and women. Smaller staff may discuss new possibilities. sports are divided into two groups On the other hand, outside sources and water polo is one. can introduce new ideas Recreation Sports Director Bob ball's popularity, second trimester's

Lade said the staff tries to offer the numbers do not exceed first trimesbest sports for students. ter's participation. "Variety is the spice of life," students last year, while second tri-

Lade said. "We try to switch some sports from one year to the next. "We get these ideas a number of ways, but one way to find new fall sports, football and softball, sports is at the national conven-

Court soccer was one of those new sports introduced to Lade at the national convention. This new activity is a form of indoor socdoes offer another popular activcer, so Lade and McDowell said ity in bowling. That gets good this should give people what they participation from the frats and requested.

"This really fit into our facility schedule," Lade said. "A number of people have requested indoor soccer and this is the best way to play for our facility."

This form of indoor soccer is murals, visit Northwest's Web site played on the racquetball courts. and click on athletics, or visit the McDowell said the rules are the Student Recreation Center. UPCOMINGINTRAMURALS

■Dodge ball — entries close at noon,

Wednesday, Jan. 17 ■5-on-5 basketball—entries close at 4 p.m., Wednesday, Jan. 24 and 4 ■Rock the Rec — 10 p.m. – midnight p.m., Thursday, Jan. 25

■Racquetball doubles—entries close at noon, Wednesday, Feb. 7

■Bowling—entries close at noon,

Wednesday, Feb. 21 ■Court Soccer—entries close at noon, Wednesday, April 11

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6

9

AT YOUR LEISURE

-HOROSCOPES

Today's Birthday (01-11-07) Make old business you top priority this year Clean out your closets, too, and your garage, and

the attic. You'll discover treasures. To get the advantage, check the day's rating: 10 is

the easiest day, 0 the most challenging. Aries (March 21-April 19) Today is a 6 - It's unlikely you'll get every thing you want if you go after it all by yourself

So relax, and let somebody else go and get it Taurus (April 20-May 20) Today is an 8 — Proceed to take care of

whatever issues you've been contemplating Move quickly now, while the time is right. Put your plan into action. Gemini (May 21-June 21) Today is a 7 — You're lucky, especially

if you're working with a good advisor. Don't even try to come up with all the answers on Cancer (June 22-July 22)

Today is a 7 - Matters seem to be going well, all things considered. Continue to fix up your own place before taking on new projects.

Leo (July 23-Aug. 22) oday is a 7 — Your luck improves dramatically as you improve your own skills. Winning in just about everything gets a lot easier, too.

Virgo (Aug. 23-Sept. 22) Today is an 8 — Shopping should go well, especially for household items. You could find an excellent deal in real estate too, if you want

Libra (Sept. 23-Oct. 22) Today is a 7—The subject that was confusing not very long ago is beginning to seem very easy. It's amazing how that happens.

Scorpio (Oct. 23-Nov. 21 Today is an 8 — You're still gaining money without doing any more work. Obviously, you have a system figured out that works for you.

Sagittarius (Nov. 22-Dec. 21) Today is a 7 -- Your honesty is appreciated now. As you well know, that isn't always the case. So educate them clearly, simply and with

Capricorn (Dec. 22-Jan. 19) Today is an 8 — You'll be asked to reveal some things you've kept private, to advance your career. The higher you go, the more transparent you'll have to become, so keep it clean.

Aquarius (Jan. 20-Feb. 18) Today is a 6 — You need to hang out for a while with people who will renew your sense of humor. You need psychic rejuvenation. Do something downright goofy.

Piscos (Feb. 19-March 20) Today is a 7 — You have hidden resources you may have forgotten about. Some of them may be stuff that's greatly increased in value. Find out

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Classifieds

Your Man hates living in dorms

When I first saw the brochures advertising Northwest, I thought, "Wow those people look so happy. Living on campus should be swell. It'll be a chance to meet a lot of new and interesting people."

If I had picked Mason Dixon to beat Rocky in Rocky 999, or whichever number we're on, I wouldn't have been more wrong. Living in the dorms is a lot like

being in prison. I mean that. Not just because both places are awful and smell and are neglected, but because they are strikingly similar. Let us examine.

your cellmate is likely to be some for "accidentally" peeing on the drugged-out psychopath. In col- couch in the lounge. "It wasn't my lege it's the same thing, but he/she fault Aaron that couch was giving the flip side, your cellmate won't thing, but at least in there you get steal your stuff because you won't to smoke. have anything to steal.

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2) Nothing but rules. No drinking. No smoking. No forni-

cating. Well that last one's not a rule but who wants to do it while your roommate watches and belts out a cover of Dancing Queen by Abba or Funky Cold Medina by 1) Roommates. In prison Tone Loc. I don't. Nor do I want they call them cellmates, but it's to pay \$1,700 a semester to have strapped co-eds. Crime. Just comall semantics right? In prison some narc RA tell me I'm wrong mit a crime. You'll live rent-free for probably won't try to rape you. On me lip." In prison it's the same people just like at Northwest.

3) Lack of privacy. I don't

6

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3

9

6

know about you guys, but sharing a bathroom with 50 people who may or may not have the Bearcat clap doesn't get me excited to drop trou and bow. Showering is a whole other issue. In prison shower time is like recess. In college it's more like show and tell, which is a problem, when, like me, your "show and tell" is not worth

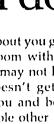
showing or telling. \$500 a month. That's how much it costs to live in the dorms. That seems a little steep for sexual abstinence and a Russian roulette's chance at the Bearcat Clap. So I have a solution for all you cash five-10 years. As an added bonus you get a free meal plan. Plus, the chance to meet new and interesting

3

2

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Only, in prison I'd rethink bringing a date back to your



23 Play part 24 Coward of note 26 Those folk 27 Bookcase board 30 Actress Witherspoor 33 Anger 34 Decorative strip 38 Closely related 39 Add to payroll 43 Posted guard:

' Silent actor

Money roll

14 Co-founder of

16 "__ Town" 17 Putting areas

18 Scatter abou

22 Multi-deck game

20 Necessitate

48 Take it easy 50 Salon dye 51 Seaweed, e.g. 53 Skater's leap 55 TV watchdog

Crossword

59 Fine poin 13 Wishful thinke 19 Have a little 64 Haitian religion 64 Haitian religion lamb 66 Humpty Dumpty, 21 Actress Sophia 23 Pompous fool 67 Largest 68 Mr. Hemingway

5 Forearm bone

B Frozen hange

6 Pine sap

Demented

9 Southwest

28 Low-fat 69 Ruby of "Peyton 29 Hindu wonde 70 Suggestive look 31 Gyrate 32 Ground 1 Chinese food additive 2 Netherlands city 3 Come back in

5 Small rodents 39 Put a curse or 40 Exchanged 41 Academic institution 42 Devour greed 43 Coltrane's 44 Non-Christian, t Christians

45 Completely

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Then I had to sit out a year and it just made me miss it, it made me five and leads the team in field goal miss playing in games and stuff, and realizing that all the preseason, all percentage (.467), points scored (178) and average points per game the postseason and all the practice that goes with it are for the games.

"Last year, sitting out all year, it I really enjoy games, so it definitely sure what happened to the player's just made me want it a lot more than motivated me. Steinmeyer and Brue aren't the only people happy to have her truly means it," Steinmeyer said. assumed a sack of fluid may have but it was just a little bit harder since back on the court. Point guard Kelli "It's not just player talk to coach but also knows how to play no mat-

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Nelson said her teammate not only talk. She really knows what's imporhelps her out with guard duties, tant to basketball, she knows how to take advantage of her strengths and hide her weaknesses." ter where she is on the court. Even with all her talent, Brue She notes Brue's ability to drive the lane, cause players to foul her thinks only as a team. She has only and helping at the post on defense one goal, and that is to win. Take 20% OFF any 1 Item as a few things she can accomplish our team to be good," Brue said. "A lot of the younger girls, and "That's the most important thing. us (upperclassmen) even, are trying That's all I really care about; I just to do some of the things she does to want us to win. It's not fun to lose help our game," Nelson said.

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He said her ability to not get

into mind games and not worrying

about the petty things are some of

her greatest assets, as well as just

does the right things, and I think she

"She says the right things, she

"I just want to be good, I want

having fun on the court.

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NWMISSOURIAN **THURSDAY** Jan. 11, 2007 www.nwmissourinews.com

Resolve to resolve

By Lindsay Jacobs, Tara Adkins Asst. Features Editor, Features Editor

Plopped on a stool all day with waves of Domino's heavy in the air, makes squeezing into that desired bikini for a spring cruise tough.

Beth Sandau and Tiffany Scott, employees at The Sport Shop, neighbors to Domino's in Maryville, are teaming up to rid the extra padding they packed on during the holidays through their new years resolutions.

"Being in college you gain a lot of weight and I didn't want to be the typical student," Sandau said.

Once the clock strikes midnight and the final scrap of confetti flutters to the floor, many people vow to make changes in the new year.

Despite past failures, people remain Greg Chapman, store director. determined to follow through with resolutions this year by settings goals for motivation.

"Usually I'm saying a resolution with no intentions to do it, but this year is going to be different," said Lindsay Kenny owner and head floral designer at Bittersweet Floral and Gifts.

Kenny wants to kick her smoking habit. Additionally, with the help of her cousin, she wants to shed a few pounds. To do so, the duo joined the Maryville live each day to the fullest," Cook said.

Community Center's New Year's Challenge 2007.

The challenge is one of many businesses' attempts to follow the trend of health and wellness resolutions the new year promises.

Participants are divided into teams and weighed in to compete in the challenge of most overall weight loss and increased activity. Winners could receive gift cards, iPods and clothing.

"With a partner, people have someone to come workout with and they know they have to back it (the resolution) up," said community center receptionist Becci Schimming, .

Hy-Vee noticed an increase in sales of low-fat foods and diet books and sent out a publication including exercise and healthy suggestions on better eating, said

healthier attitude," Chapman said.

Although diet and exercise are common physical resolutions, people are trying out attitude changes too.

Amber Cook of Cook's Computer strives to stay positive about daily life and encourages others to not give up on they want.

"(My resolution is to) be happy and

"You only live once...be happy and keep smiling."

Ken Carmichael of Carson's Sports Grille wants to continue building success within his restaurant but feels empty resolutions are pointless.

"If a resolution is important enough you will keep it and to set one just for setting one is wasted effort," Carmichael said, "Do what you say you're going to do and keep your mouth shut if you don't intend to keep it."

To avoid unfulfilled resolutions, CNN.com recommends a strategy of preparation, planning and confidence.

Set attainable goals by making them simple. Instead of striving to exercise every day, make a goal of exercising two to three days a week to be more

Reward yourself for avoiding temp-"People eat better to hold on to that tation. Spend the extra money saved for as long as they can and we develop a from not smoking to buy something you couldn't afford before.

> Keep a diary or journal to record the resolution process to notice the positive steps over time.

> A week after making new year changes, Maryville residents are staying strong in their fight against temptations and bad habits.

> "Stay committed. Make a goal and go for it," Sandau said. "It's all on you."

Can't think of something to resolve? Here is a list of commonly made New Year resolutions

- 1. Lose weight
- 2. Stop smoking
- 3. Stick to a budget
- 4. Save more money
- 5. Find a better job
- 6. Become more organized
 - 7. Exercise more
- 8. Be more patient at work / with others
 - 9. Eat better
 - 10. Become a better person

(according to www.centracare.com)

5 easy steps to a New Year's Resolution

STEP 1: Be realistic by setting achievable goals. Winning the lottery, for example, is out of your grasp.

STEP 2: Describe your resolutions in specific terms, Instead of "I don't want to be lazy," opt for "I want to exercise regularly" or "I will cut down on my television watching."

STEP 3: Break down large goals into smaller ones. For instance, commit to losing weight by resolving to join a gym and improve your eating habits.

STEP 4: Find alternatives to a behavior that you want to change, and make this part of your resolution plan. So you want to quit smoking but you smoked to relax yourself? What other forms of relaxation are available to you?

STEP 5: Above aim for things that are truly important to you, not what you think you ought to do or what others expect of you

Checklist to keep a resolution

1. Try again

2. Don't make too many resolutions

3. Choose your own resolution

4. Make a plan and write it down

5. Involve friends and family

6. Forgive yourself for temptation

7. Congratulate yourself with rewards

(according to American Psychiatric Association www.healthyminds.org.

SYAFFRESOLUTIONS



"To be happy,"

Stephanie Stangl



"To run every morning,"

Jessica Schmidt Managing Editor



"To make more time for studying,"

Evan Young Copy Editor



"To graduate and get a job,"

Mike Dye Photography Editor



"To stop procrastinating,"

Kristin Summers



"To be positive,"

Lindsay Jacobs Asst. Features Editor